Sussex SGO Easter Challenges 2020

	Move It Mondays	Test Yourself Tuesdays	Wiggle Wednesday	Time Out Thursdays	Follow On Fridays	Students Lead Saturdays	Squat Down Sundays	
Led By	Hastings & Rother SGO	South Downs SGO	Crawley SGO	West Sussex West SGO	Mid Sussex SGO	Southern SGO	Brighton & Hove SGO	
Be Active	Hastings Half Marathon Challenge & Entry Sheet	Wall Throw Challenge	Easter Egg Pick-up Challenge	Balancing on the move & Plank Challenge	Going on a Bear Hunt! (or Easter Egg?)	Challenge 1	Squat Challenge	
Led By	Central Sussex SGO	North Wealden SGO	Brighton & Hove SGO	North Wealden SGO	Hastings & Rother SGO	Southern SGO	South Downs SGO	
Be Skilful	Cardio Burst	<u>Target</u> <u>Challenge</u>	Egg & Spoor Challenge	Balance Challenge	"What Can I Spot "Walk & Record Sheet	Leading the Way Tough Tests	Bunny Bounce	
School Games Organisers School Games – more detail www.yourschoolgames.com Hastings & Rebecca A r.antcliffe@ha		ntcliffe Liz Price				ghton & Hove ma Greenough reenough@brightonh ove.gov.uk		
Central Sussex Barry Meaney bmeaney@theweald.org.uk		Mike Ha	Mid Sussex Mike Hart mhart@stpaulscc.co.uk		Crawley Steven Hand nomasbennett-tkat.org djenner@theangr		Sean O'Connor neringscho sean.o'connor@theregisscho	



