

WEEK ONE MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Creamy
Macaroni Cheese  **(B)**

The Smarter Slice
Margherita Pizza
with Baked Potato
Wedges  **(C)**

Moroccan Bean
Casserole with Golden
Roast Potatoes  **(A)**

Plant Power Penne
Lentil Bolognese  **(B)**

Hearty Veggie Gratin
with Chips  **(A)**

The Main Event

Garden
Cottage Pie  **(A)**

Chicken & Veggie
Casserole with Baked
Potato Wedges  **(B)**

Roast Beef served with
Golden Roast
Potatoes and Gravy  **(E)**

Chicken Tikka Masala
with Rice  **(D)**

Fish Goujons
with Chips  **(C)**



Sweetcorn  **(A)**
Cut Green Beans  **(A)**

Sliced Carrots  **(A)**
Cauliflower  **(A)**

Peas  **(A)**
Sliced Carrots  **(A)**

Mixed Vegetables  **(A)**

Peas  **(A)**
Baked Beans  **(A)**



Dessert

Golden Apricot
Crumble  **(A)**
with Custard  **(A)**

Banana & Cinnamon
Rice Pudding  **(A)**

Warm
Berry Compote  **(A)**
with Custard  **(A)**

Toffee Apple
Pudding  **(A)**
with Custard  **(A)**

Banana Bread  **(A)**
with Custard  **(A)**

Daily

Loaded Spud  **(A)**
with Baked Beans  **(A)**
or Cheese  **(E)**

Loaded Spud  **(A)**
with Baked Beans,  **(A)**
Tuna Mayo,  **(E)** Cheese  **(E)**
or Tuna Flakes  **(E)**

Loaded Spud  **(A)**
with Baked Beans,  **(A)**
Tuna Mayo,  **(E)** Cheese  **(E)**
or Tuna Flakes  **(E)**

Loaded Spud  **(A)**
with Baked Beans,  **(A)**
Tuna Mayo,  **(E)** Cheese  **(E)**
or Tuna Flakes  **(E)**

Loaded Spud  **(A)**
with Baked Beans,  **(A)**
Tuna Mayo,  **(E)** Cheese  **(E)**
or Tuna Flakes  **(E)**



Menu Key:

 Plant Based  Vegetarian

Carbon Score:

(A) **(B)** **(C)** **(D)** **(E)**

Low  High



WEEK TWO MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Lentil & Veggie Flaky
Topped Pie with Baked
Potato Wedges **(B)**

Cauliflower, Spinach &
Lentil Curry
with Rice **(B)**

Italian-style Tomato
Penne Pasta **(A)**

Golden Harvest
Lentil & Sweet Potato
Crumble with Baked
Potato Wedges **(A)**

Golden Veggie Sausage
with Chips **(A)**

The Main Event

Ricotta Tortelloni Pasta
in Rich Tomato
& Basil Sauce **(A)**

Chicken Goujons
with Baked
Potato Wedges **(D)**

Sliced Roast Chicken
Breast served with
Golden Roast Potatoes
and Gravy **(B)**

Beef Lasagne **(E)**

Salmon & Broccoli Bake
with Chips **(C)**



Sliced Carrots **(A)**
Peas **(A)**

Sweetcorn **(A)**
Cut Green Beans **(A)**

Vegetable Medley **(A)**

Sweetcorn **(A)**
Cauliflower **(A)**

Peas **(A)**
Baked Beans **(A)**



Veggies

Dessert

Golden Rhubarb
Crumble **(A)**
with Custard **(A)**

Toffee Apple
Pudding **(A)**
with Custard **(A)**

Banana and Cinnamon
Rice Pudding **(A)**

Somerset
Apple Cake **(A)**
with Custard **(A)**

Banana Bread **(A)**
with Custard **(A)**

Daily

Loaded Spud **(A)**
with Baked Beans **(A)**
or Cheese **(E)**

Loaded Spud **(A)**
with Baked Beans, **(A)**
Tuna Mayo, **(E)** Cheese **(E)**
or Tuna Flakes **(E)**

Loaded Spud **(A)**
with Baked Beans, **(A)**
Tuna Mayo, **(E)** Cheese **(E)**
or Tuna Flakes **(E)**

Loaded Spud **(A)**
with Baked Beans, **(A)**
Tuna Mayo, **(E)** Cheese **(E)**
or Tuna Flakes **(E)**

Loaded Spud **(A)**
with Baked Beans, **(A)**
Tuna Mayo, **(E)** Cheese **(E)**
or Tuna Flakes **(E)**



Menu Key:

Plant Based Vegetarian

Carbon Score:

(A) **(B)** **(C)** **(D)** **(E)**

Low —————> High



WEEK THREE MENU

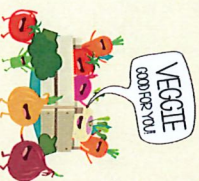
PLATES FOR OUR PLANET

MONDAY

Chef's Special Creamy Tikka Masala with Rice   

The Main Event

Garden Veggie Lasagne  



Veggies

Cut Green Beans   Sliced Carrots  

Dessert

Toffee Apple Pudding   with Custard  

Daily

Loaded Spud   with Baked Beans or Cheese  



TUESDAY

The Smarter Slice Margherita Pizza with Baked Potato Wedges   

Chicken Curry with Rice  

Lamb Chilli Con Carne with Rice 

Sweetcorn  Cauliflower 

Banana & Cinnamon Rice Pudding  

Loaded Spud   with Baked Beans, Tuna Mayo, or Tuna Flakes    

WEDNESDAY

Rich Tomato & Chickpea Gratin with Golden Roast Potatoes  

Roast Beef served with Golden Roast Potatoes and Gravy 

Sliced Roast Chicken Breast served with Golden Roast Potatoes and Gravy 

Mixed Vegetables 

Golden Apricot Compote   with Custard  

Loaded Spud   with Baked Beans, Tuna Mayo, or Tuna Flakes    

THURSDAY

Golden Harvest Lentil & Sweet Potato Crumble with Baked Potato Wedges  

Tomato & Paprika Chicken with Rice 

Chicken Meatballs in Tomato Sauce with Baked Potato Wedges 

Sweetcorn  Sliced Carrots 

Somerset Apple Cake   with Custard  

Loaded Spud   with Baked Beans, Tuna Mayo, or Tuna Flakes    

FRIDAY

Crispy Potato, Cheese & Leek Bake with Chips  

Fish Goujons with Chips 



Peas  Baked Beans 

Banana Bread with Custard  

Loaded Spud   with Baked Beans, Tuna Mayo, or Tuna Flakes    

Menu Key:

 Plant Based  Vegetarian  Halal

Carbon Score:

 A  B  C  D  E Low → High

