

BERSTED GREEN PRIMARY SCHOOL

PSHCE Policy

Context

Bersted Green is an improving school situated in the eighth most deprived ward in UK. Behaviour and the consistent management of behaviour is a strength of the school and incidents are infrequent and addressed appropriately.

There are health and social needs within the school community; which is addressed through catch up and interventions.

A positive impact from sports grants and being involved with the locality sports partnership, teacher and TA training to enhance children's school experience.

The process for policy development

Subject lead drafted the policy and school council, staff, parents and carers, governors were consulted.

The Policy

The policy aims to cover the required aspects of the National Curriculum factually yet sensitively.

Intents for PSHCE/RSE

As well as covering the curriculum it is our intent to support children to:

- grow healthily and know about safe and appropriate relationships in theirs and other families;
- develop caring friendships, respectful relationships and become good citizens;
- be safe and able to make wise choices as well as achieve within the BGPS life skills offer.

School environment, relationships and ethos of the school

Pupils' personal, social and emotional development will be encouraged by a supportive school ethos, where all are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment which is conducive to learning.

Sensitive and controversial issues are supported but answered factually in an age appropriate way and confidentiality is respected.

BERSTED GREEN PRIMARY SCHOOL

School curriculum

Opportunities exist throughout the curriculum for promoting pupils' personal, social and emotional development. Staff have identified an entitlement for pupils throughout their school career and opportunities for enrichment within the curriculum.

Curriculum provision will include:

Discrete curriculum time

Teaching PSHE and RSE through and in other subjects/curriculum areas including P4C as well as, dedicated 30 minute slots.

Through PSHE/RSE activities and school events, such as class/whole school assemblies and curriculum days.

Evaluation and monitoring of the programme for PSHE/SRE is on-going by SMT and subject lead.

Approaches to teaching and learning

To facilitate pupils learning in PSHCE/RSE:

- The purpose of each lesson is made clear
- Appropriate learning experiences are planned and meet the needs of all the pupils in the class
- Learning experiences draw on pupils own experiences or existing knowledge and provide a range of opportunities for pupils to learn, practise and demonstrate skills, attitudes, knowledge and understanding
- Time is given for pupils to reflect, consolidate and apply their learning
- Pupils are encouraged to take responsibility for their own learning and to record their own progress
- Attention is given to developing a safe and secure classroom climate
- Staff training needs are met

The school leads the programme but outside visitors have a role. We follow clear safeguarding procedures when allowing visitors to be around the children.

BERSTED GREEN PRIMARY SCHOOL

Notes on some sensitive issues

The law states that there is no prohibition on the teaching of sensitive issues in schools. These include:

- abortion
- contraception
- family life and cultural diversity
- gender issues
- HIV/AIDS, sexually transmitted infections and sexual health
- sexuality
- Unintended teenage pregnancy
- Child Sexual Exploitation

This doesn't mean that teachers do not need some guidance and support. There is further information in the pages linked to above. The PSHE Association is a good source of further information as is their document Handling Sensitive and Controversial Issues - as well as using the Twinkl unit plans to support vocabulary.

Celebration of achievement- assessment, recording and reporting

As with any learning process assessment of pupils' personal, social and emotional development is important. It provides information which indicates pupils' progress and achievement and informs the development of the programme.

Pupils do not pass or fail within this area but have the opportunity to reflect on their own learning and personal experiences and to set personal goals and agree strategies to reach them. The process of assessment has a positive impact on pupil's self-awareness and self-esteem.

We do not assess pupils in all areas of the PSHCE/RSE and citizenship programme however opportunities for pupils to reflect on their progress is identified. It is inappropriate to assess pupils' values.

Sometimes it will be possible to observe and assess how pupils apply their knowledge, skills and understanding in simulated or real experiences

There are opportunities to record learning and progress in different ways.

BERSTED GREEN PRIMARY SCHOOL

Celebration of achievement contributes to building pupils' self-esteem, developing a sense of community and belonging, helps create a positive atmosphere in the school and develops pupil's sense of pride.

Sex and Relationship Education Policy

"Sex education is life long learning about physical, moral and emotional development. It is about the understanding of marriage, family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health."

P5 DfEE Guidance

Sex and Relationship Education is a key life skill and has a direct effect on a child's perception of him/herself.

INTRODUCTION

Staff and the Governors of Bersted Green Primary School believe that appropriate and sensitive sex education, as required by the 1993 Education Act, is an entitlement of all pupils and an important element of the curriculum in developing skills and knowledge necessary for them to lead future lives as responsible and caring people.

Sex education will be taught in such a way as to complement and support the role of parents in carrying out their responsibilities for bringing up their children. The school's programme for sex education will present facts in an objective, balanced and sensitive manner, set within a clear framework of values, in particular, pupils will be encouraged to appreciate the value of family life and caring relationships, and the responsibilities of parenthood. The programme itself will be integrated within science and PSHE topics, which will encompass broader Health Education focus such as healthy eating, the need to keep fit and well, the effects of smoking and alcohol, looking after our teeth and personal hygiene.

Pupils will also be helped to consider the importance of self-restraint, dignity, respect for themselves and others, acceptance of responsibility, loyalty and sensitivity towards the needs and views of others. These core values are reinforced by the school's Code of Conduct and are encountered by pupils in all areas of school life.

Care will be taken to match sex education to the maturity of the pupils involved, which may not always correspond to their chronological age. It will take account of their capacity to absorb sensitive information and of the extent to which it is essential for them to have such information at that point in their development. This will be geared

BERSTED GREEN PRIMARY SCHOOL

to the needs of the class as a whole and will not be determined by the pace of the more sexually aware pupils. Questions will be answered in an age/stage appropriate way.

It remains the right of parents to withdraw their children from all or part of the sex education element provided unless it forms part of the National Curriculum. Parents wishing to exercise this right will be invited to speak to the Headteacher who will explore their concerns and will discuss any impact that withdrawal may have on the child.

This policy document will be made available to parents upon request.

AIMS OF SEX AND RELATIONSHIP EDUCATION

1. To develop knowledge and understanding of the physical, emotional and social changes which take place at puberty.
2. To develop knowledge and understanding about growth and human reproduction.
3. To foster self-esteem, self-awareness and a sense of moral responsibility.
4. To promote understanding of some of the skills necessary for parenting and the values associated with family life.

DELIVERING SEX AND RELATIONSHIP EDUCATION

Content

Through Video, books, posters, leaflets and classroom discussion the children will be helped to develop a clear understanding of the following:

- i) That life processes including nutrition, movement, growth and reproduction, are common to animals, including humans.
- ii) The correct recognition and terminology for the main human body parts.
- iii) The importance of family life in meeting the many needs of a baby.
- iv) The main stages of the human life cycle.
- v) The changes which will take place in their bodies at puberty and through adolescence.

BERSTED GREEN PRIMARY SCHOOL

- vi) The physical and emotional effects of menstruation.
- vii) The reproductive process in humans and animals, using the correct vocabulary for body parts.
- viii) Keeping ourselves safe.

Children will view some of the programmes e.g. relating to menstruation, in same sex groups in order to avoid excess embarrassment and provide a secure setting in which to ask questions.

The following will not be included in this programme or discussed in class - Abortion, Oral Sex, Sexual abuse, contraception, homosexuality and Prostitution. We need to be aware that questions may arise from the above list. We will explain to children that these questions are not appropriate at this stage in their school lives but that these questions can be asked in their secondary schools or there may be questions they feel they can ask their parents.

Please also view the content overview and progression of skills document to show clear outcomes as per year groups.

Child Protection

Questions about sexual abuse may arise. Should it become apparent that a child is making some kind of disclosure; the teacher concerned should make alternative arrangements for the child to talk to them at another time in a quiet and comfortable place where the child will feel sufficiently secure to be able to talk about his/her concerns/worries. The teacher must not leave the child but give the child the opportunity to make a disclosure if necessary and inform the Child Protection Officer of any concerns. Child Protection Officer is the Headteacher and Assistant Headteacher.

In such cases, teaching staff must refer to the **WEST SUSSEX CHILD PROTECTION PROCEDURES**.

TEACHING MATERIALS

Reading resources

BERSTED GREEN PRIMARY SCHOOL

A range of materials are available and sessions will be carefully planned for with the class in mind.

Other visitors Who Might Support Health Education

- School Nurse to give parent and children individual advice on medical matters through agreed appointments and referrals.
- Local centres that focus on specific areas within PSHE and RSE (Options Chichester who visit Year 5.)