

Who should I speak to about Well-being?

All Staff

All staff are accountable for emotional wellbeing and mental health of everyone in our school community. Trust and support is embedded in the school environment. Everyone receives care and help when it is required. The children understand that they can go to anyone in our school community if they need to.

Class Teachers

Class teachers and Teaching assistants are the first port of call for supporting our children. They have the responsibility of pastoral care for their class. They are also responsible for communicating with parents/carers in the first instance. Feedback from teachers regarding mental health and emotional well being is well established within the school. This is done on both a formal and informal basis throughout the year.

Pupils

Pupils reflect on their emotional wellbeing and mental health in their PSHE/RSE lessons as well as discussing the issues in their P4C lessons. Assembly times allow for further consideration of emotional well being. Through circle times and worry boxes children are able to reflect on their feelings and express their concerns.

Parents

The relationship with parents is paramount in supporting the children with their emotional wellbeing. We seek to educate and support parents through events, newsletters and with resources. We also support parents throughout the year with information and printed materials. Parents are given feedback about their child's well being throughout the year. Our open door policy means that the whole school community can work together effectively.

Headteacher, Deputy Head and SENDCo.

The Head teacher and Deputy Head support all staff within the school offering support with pastoral concerns and advice with parent meetings/conversations. The Deputy Head and SENDCo co-ordinate and oversee targeted interventions (e.g. Social skills groups, support through ELSA trained staff). They also advise on the management of wellbeing and mental health support for our pupils. The Head teacher oversees the support given by our Mental Health First Aider.

We also have a well being governor who advises staff and the school as a whole of well being and mental health issues.

The Change Team

The vision and strategy for emotional well being and mental health is led by Mrs Kalpakiotis who reports to Miss Jarvis.

Mrs Kalpakiotis' and Miss Hutt's role is to support children across the school with specific difficulties including social communication difficulties, as such this is an important part of the development and implementation of the vision and strategy. If your child is struggling to engage with learning their role is to make sure they are ready and able to make the most out of their time at school.

Ms Jarvis is our Designated Safeguarding Lead. If you have concerns about your child's safety or another child's safety, her role is to listen to you and ensure that the children get the support they need.

Mrs Jarmyn is our Mental Health First Aider. Her role is to offer reassurance for anyone who may be experiencing a mental health or emotional issue.